

S.T.E.P. into Fitness!

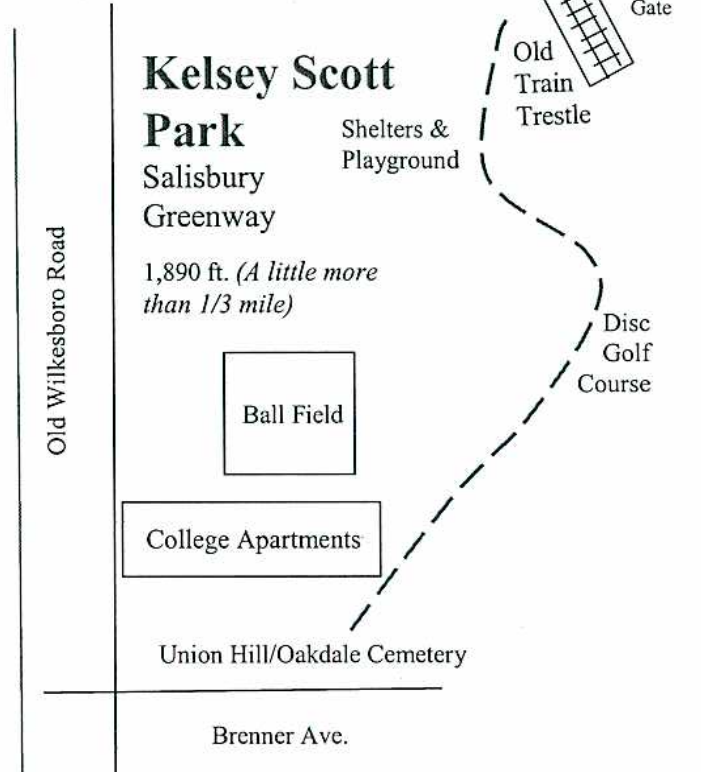
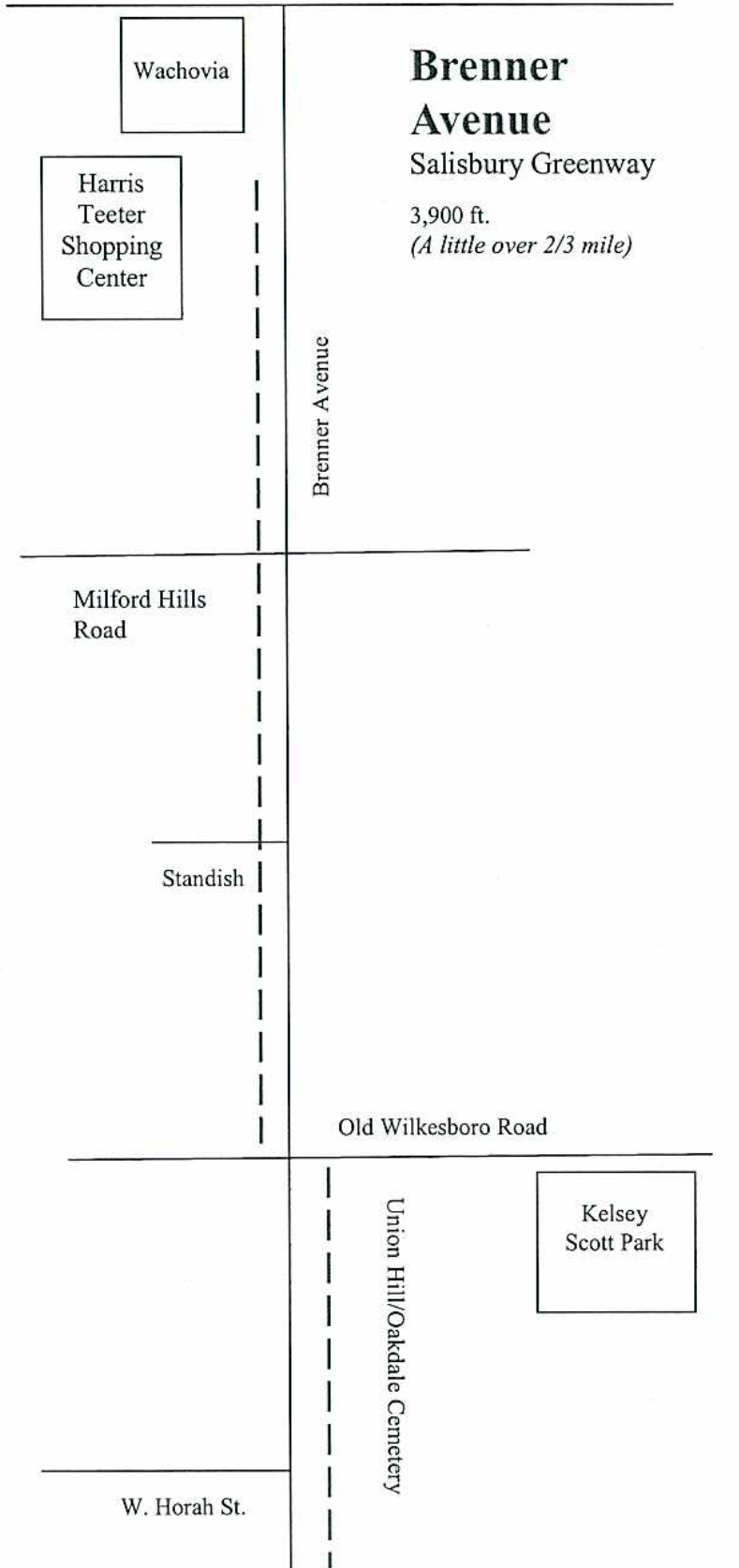
Start Taking Exercise Personally

Walk the



Greenway

Jake Alexander Blvd.



**What is a
GREENWAY
ANYWAY?**

- Linear park within towns and cities
- Connects community resources via parks, trails, roads, sidewalks, easements, etc.
- Popular recreation area for walking, biking, jogging and alternate forms of transportation
- Preserves open space, natural areas and wildlife
- Enhances educational and environmental areas

S.T.E.P. into Fitness!

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Walk the



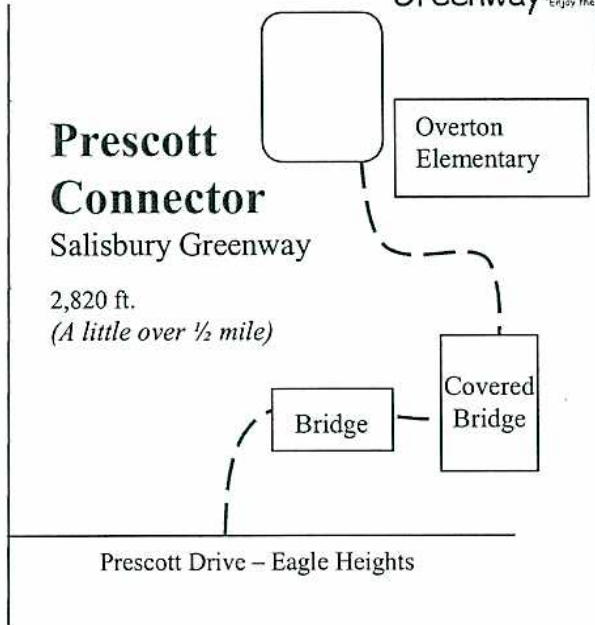
Greenway

Prescott Connector

Salisbury Greenway

2,820 ft.
(A little over 1/2 mile)

Mocksville Avenue

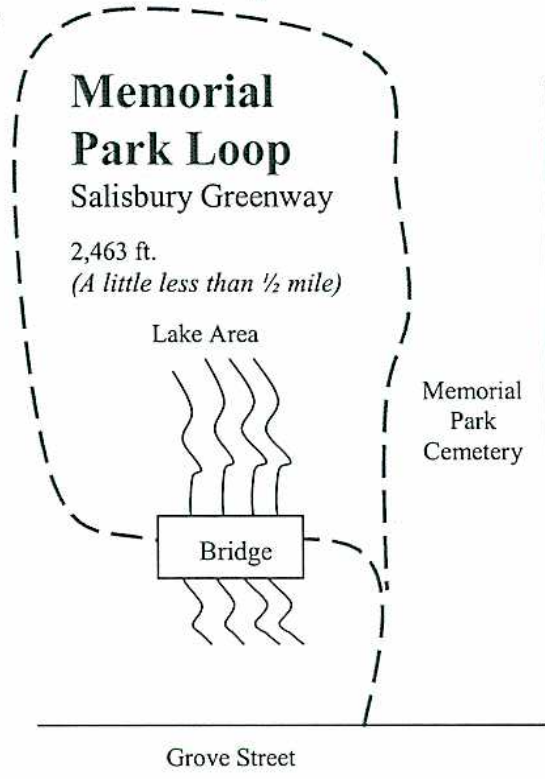


Memorial Park Loop

Salisbury Greenway

2,463 ft.
(A little less than 1/2 mile)

Innes St.



Walk the



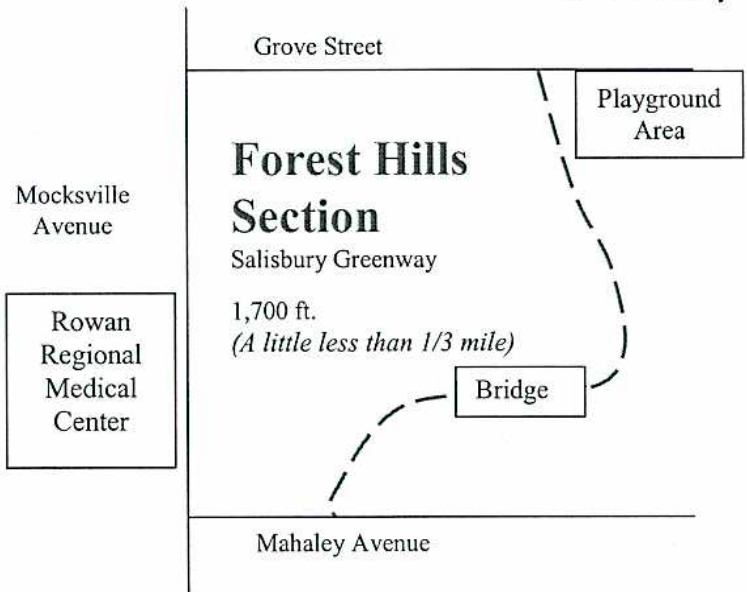
Greenway

Forest Hills Section

Salisbury Greenway

1,700 ft.
(A little less than 1/3 mile)

Mocksville Avenue



The Greenway provides

Fitness

for your mind, body and spirit.

Join us for our year-round Walking Program with the Salisbury Rowan Runners Club.

For Walking Program information, please contact Bob Zirt at (704) 637-3456.

For Greenway information, please call 704-638-5291 or visit us on the world wide web at www.salisburync.gov/pkrec.

Greenway donations are always welcomed, appreciated and acknowledged.